

**Culture of Life
Meeting Minutes
Nov 16th, 2024**

Attendance: Stephen, Sandy, Alex, Carol, Gerry.

Welcome and Opening Prayer – Gerry

Open Discussion.

- Colfs (Culture of Life Family Services) Medical Clinic: <https://colfsclinic.org/>
- The Catholic Flagship for Medical Care in the San Diego Diocese. The medical director is George Delgado MD. He is the founder of the abortion pill reversal, a process that works to reverse the effects of the abortion pill after it is taken, in order to save the life of the unborn baby. Q&A on Abortion Pill Reversal: lincolndiocese.org
- Stephen recently toured their facility in Escondido with the Knights of Columbus. They would be happy to give a tour to our group. The best time to go is Monday-Friday during business hours. They also need diapers!
- The Knights of Columbus are raising funds for 2 more Ultrasound Machines. The Knights of Columbus' "Christmas of Light and Life" fund raiser will be held on Dec 6th, 2025. Bishop Coffey is the Keynote Speaker. To register <https://www.kofcbringlight.org/> or Stephen offered to sponsor tickets.
- Stephen share that one woman who took the 2-step abortion pill but didn't take the reversal pill has found she is still pregnant and will deliver her baby soon.

- La Leche League.
- Mission: To help mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother.
- La Leche League was founded in Illinois in 1956 by Marian Tompson and six other women to offer mother-to-mother breastfeeding support, first in the U.S. and then beyond. At the time in the United States, the vast majority of babies were bottle-fed, with many medical experts urging mothers away from breastfeeding in favor of formulas.
- Two leaders of a major global mother's breastfeeding support group, including one of the organization's founders, have recently resigned amid the group's decision to allow males to participate in meetings that have historically been open only to mothers. The international board of La Leche League recently directed all British affiliates to begin accommodating men who believe they are women.

- Unthinkable – The Movie: <https://www.unthinkabledoc.com/>
- Gerry saw the movie and explained that it is more of a documentary that concentrates on Abbey Johnson's foundation, "And Then There Were None": <https://abbyj.com/and-then-there-were-none/> and <https://abortionworker.com/> Mission: We help people in the abortion industry leave their jobs & rediscover the peace and joy they've been missing.
- "UNTHINKABLE is the shocking exposé of the abortion industry's dirtiest secrets."
- Many of the workers are also seen as victims and should be prayed for also.

2024/2025 Updates

- COL meetings: 3rd Saturday of the month 9.30 – 10.30am. Discussed the upcoming year (calendar attached) and everyone asked to take a month to lead so each meeting is covered. **ACTION**: Each member to choose a month to lead
- Birthline Table manned 3rd Sat of the month. **ACTION** Sandy coordinates. Deidre takes items to Birthline. Deidre will also take the volunteer sign up sheet each week and pick up blank sheets for the table.
- 40-Days for Life: Fall 2024: Sept 25th – Nov 3rd Gerry, Sandy and Deidre attended the Nov 2nd First Saturday Procession to Planned Parenthood from Our Lady of the Rosary organized by the 'Helpers of God's Precious Infants San Diego' **ACTION**: Plan for 40-days for Life Spring 2025 Campaign from March 5 to April 13, beginning on Ash Wednesday, the first day of Lent.
- Walk for Life SD: January 18th, 2025. **ACTION** Gerry to pick up 200 flyers and 100 postcards from the Diocese next week. Bulletin stuffing with the flyer will take place on Friday, Jan 3rd 2025. Handout postcards next month at Birthline Table. Flyer posted on the Bulletin Board and Bulletin announcements scheduled in the Bulletin starting Dec 8th. A St Mary Magdalene Banner is being developed for the Walk for better exposure of our ministry.
- Shroud of Turin Portable Presentation Local speaker – Nora Creech – will present to the 6-8 grade students on March 11th, 2025. **ACTION** Stephen to follow up with Fr Ed. To include an evening presentation on the same day.
- Kitchens for Good (kitchensforgood.org) Donation of unused or pre-loved kitchen items, proceeds from every sale supports their nonprofit programs: 1. Offer California State-Certified apprenticeship training in Culinary Arts, Baking, and Customer Service designed to help individuals facing barriers to employment gain the skills needed to create sustainable careers. 2. Kitchens for Good Food Business Accelerator (FBA) helps create a more inclusive and robust food system in San Diego by supporting individuals from diverse backgrounds as they build and grow small businesses. Kitchens for Good's FBA connects low-to-moderate-income San Diego residents to the critical support they need to succeed. **ACTION** Sandy presented to the school as an idea for their monthly service projects. She will let us know if it is scheduled.
- Natural Death: Hospice and Resources. Presentation to Parish and School on end-of-life issues specifically concerning Hospice. **ACTION** Deidre to follow up with Fr Kizito. He is very passionate about life issues and has some interesting insight into Hospice Care. Gerry to talk to her neighbor, Laura Baker, who runs an end of life ministry at the Immaculata.

- Books for Christmas: “The Three Ordinary Voices of God” by Matthew Kelly was chosen as a book giveaway for Christmas at St Mary Magdalene. **ACTION** Fr Ed. Did not approve the distribution at this time.

- Parish Education (past/ongoing): Need to get the word out about our Ministry and Message! Utilize the Bulletin with a “Did you know?” Section weekly. Examples:
 - The three focus areas of the St Mary Magdalene COL Ministry 1. Pro-Life, Abortion and Post Abortive Healing, 2. Culture of Life Education, 3. Death Penalty and Restorative Justice.
 - What is COLFS? What is the Abortion Reversal Pill?
 - Natural Family Planning vs Planned Parenthood.
 - Questions & answers from the Trent Horn Booklet “Why We’re Pro Life.”
 - Information from the SD Diocese for Life, Peace, and Justice on their resources etc.

ACTION: Everyone to write a paragraph as ideas come to them so we have a backlog of inserts for the Bulletin every week.

- Parish Liaison (past/ongoing): Advertise our monthly meetings with other Parishes to encourage them to join us. **ACTION** Gerry to share the email distribution list so personal invitations can be made. Other suggestions: Exhibition table at the Walk for Life. Encourage sign ups at the Birthline Table.

NO meeting Dec 21 – Christmas Break

NO meeting Jan 18th - Attend the Walk for Life SD

The next COL “Coffee” meeting will be on Feb 15th at 9.30am in the conference room.

Closing Prayer led by Gerry. The meeting ended at 11 AM.